

How was your experience with spinal stimulation and how has your child benefitted?

Our son has spina bifida myelomeningocele L4/L5. He had his closure surgery at 1 days old. We started spinal stimulation 6 months ago when our son was 18 months old. We do this through our private physiotherapist who has done Gerti's course. We are noticing increased sensation and he has gained movement in his left foot-where he had no movement previously. Our son is also now able to pass bowel movements which started happening around 3 months from starting treatment. He's recently started walking, which is incredible to see, as we were told he may never walk. It's such a wonderful treatment and we find it easy enough to incorporate into our daily routine. I like that fact once he's connected up to the spinal stim he can get on with whatever we are doing and the unit does all the work. I'm so glad we've started this treatment, it given us hope when we previously never had much.

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Gerti is the most knowledgeable person we have met in regards to Spina Bifida. We have been using spinal stimulation for a little over 3 months. Our daughter has increased function and is now able to roll over and stand unassisted!

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Our daughter Clara started a few months ago doing spinal stimulation and the results have been amazing so far! she has been able to crawl better , improved sitting and standing up, got better sensation in her legs, and is working towards walking soon! Very grateful of Gerti's work and commitment, definitely recommended.

Amazing!!! Before we could do active therapy, we used stimulation. Our little premie spina bifida miracle starting walking independently at 17 months!

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Our experience with spinal stimulation has been phenomenal. Gerti is so knowledgeable in Spina Bifida. My daughter, Emma, is currently 22 months old. She has L4 Myeloschisis Spina Bifida. We started spinal stimulation when she was 16 months old. Emma has come so far in only five months! Before spinal stimulation, Emma was wobbly when standing and needed constant support. Now she is independently standing for up to 18 seconds and walking with her walker and at parallel bars. She also began rolling across the floor, sitting up from laying down, and crawling on all fours after starting spinal stimulation! I don't know where we would be without Gerti. We are so grateful for her!!

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I started working with a 3 year old boy who was standing with support. After a few months of e-stim, he was taking steps independently.

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Amazing- life changing

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It has been life changing. We started spinal stimulation with GERTI in spring 2022 when our daughter was about 14 months old. She is lesion level I1 all the way down. She was very unstable in sitting with a very weak trunk and when standing would quickly collapse. In just 6 weeks of starting spinal stimulation our daughter was able to sit up straight without assistance of her hands and was able to play freely. She began soon after pulling to stand from sitting and showing us interest in walking with assistance. Our daughter's life has completely been changed from using this type of therapy by giving them more strength, increased circulation & admirable body awareness. Seeing our child be more and more independent from increased strength is remarkable. Spinal stimulation with Gertie is absolutely worth every penny! Thankful we get to experience this incredible discovery first hand with our daughter!

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Our experience was/is excellent, it's easy to do and has benefitted in many ways including increased skin sensation to the lower legs, increased muscle strength, improved hip dysplasia, improved circulation-warmer feet.

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We are still at the start of our spinal stimulation journey and already seeing big impacts. Our daughter is six so able to communicate very well with us and both her, ourselves and various coaches have noticed improvements. Some of these include increased sensation in her lower legs, often we find her rubbing her legs or describing things like "the ground is hard in my ankle" when she would not have felt that before. We also see a marked improvement in her standing and walking. Her legs are much stronger. She has a large valgus on her right leg and she is standing and taking independent steps without triggering the valgus. She is now able to walk the length of our kitchen independently, typically she walks with canes. We have also seen positive changes in her bowels and bladder. Looking forward to seeing how this continues to help her as she progresses.

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Our experience with spinal stimulation has been amazing. Our daughter has started to have feeling in places she never had before. It has also helped scoliosis and she is getting stronger in her legs. . Gerti is an amazing therapist. She is very knowledgeable and know her stuff, on the other hand she is very sweet and kind.

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It's been the best thing to ever happen to us! My little girl has benefited greatly from spinal stimulation!

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